

Your interview story worksheet

IBM competency interview preparation | SkillCopilotAI

Original preparation tool. Not an IBM assessment or scoring form.

Fill in a PDF reader and save a local copy, or print and write by hand.

Story and setting

What happened, and when?

My responsibility

What was mine to do, as distinct from the team?

Constraint

What made the decision difficult?

Alternatives

What could I have done instead?

Action and reason

What did I do, and why?

Result and evidence

What changed? How do I know? What remains unknown?

Learning

What changed later, or what would I do next?

Suitable prompts

Which question does this genuinely answer?

Rehearse: choose a prompt > record > replay > change one weakness > record again.

Use true experiences. Do not invent numbers or disclose confidential information.